

Sir Owen G. Glenn National Aquatic Centre

17 Antares Place, Mairangi Bay

25m Pool x 10 Lanes

Wednesday 20th of November, 2024

Warm up: 4pm Racing Starts: 4:45pm

Event No.

- | | |
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| 1 | 100 Butterfly |
| 2 | 100 Individual Medley |
| 3 | 25 Butterfly |
| 4 | 50 Freestyle |
| 5 | 50m as 25Bk/25Br |
| 6 | 100 Breaststroke |
| 7 | 25 Backstroke |
| 8 | 50 Butterfly |

Event No.

- | | |
|-----------|--------------------|
| 9 | 25 Breaststroke |
| 10 | 50 Backstroke |
| 11 | 50m Butterfly FINS |
| 12 | 100 Freestyle |
| 13 | 25 Freestyle |
| 14 | 50 Breaststroke |
| 15 | 100 Backstroke |
| 16 | Mega Kick Relay |

MAXIMUM of 3 EVENTS per swimmer.

MEGA KICK RELAY: If you wish to compete in the mega relay - which will be a mixed age and gender relay, where all swimmers will be seeded and split into even teams, and every swimmer will swim 25m freestyle kick in relay format, enter this event for no cost.

50m Butterfly FINS : Will be swum as a standard 50m fly, with fins. Bring your own fins.

CONDITIONS

Entries Close: Monday 18th November, 2024, 11:59pm.

Entry Fee: \$4 per event

Entry Method: Entries are to be done via the SNZ database Fastlane.

Spectators: Will be able to sit upstairs in the Grandstand.

DO NOT enter back to back races ♦ This club night will be delivered as a Development Meet in conjunction with SNZ Policy 007 ♦ All times will be loaded onto the SNZ Database and can be used to enter any other Club hosted meets and Regional meets ♦ All races are timed finals ♦ 100m events limited to 11&O