

Individual Meet Results

Waterhole 12 & O 400s and 50s 09-Sep-23 SC Meters

Location: West Wave

Time	F/P/S	Event		Place	Points	Improv
Dominic Barton (12) M						
32.39S	F # 1B	Men 12-13 50 Free	NSSAK	20	---	-0.58
5:26.59S	F # 5B	Men 12-13 400 Free	NSSAK	20	---	---
Jack Barton (15) M						
5:03.51S	F # 2D	Men 14-15 400 IM	NSSAK	4	15	-4.95
4:27.55S	F # 5D	Men 14-15 400 Free	NSSAK	4	15	8.99
Sean Burke (14) M (WH)						
5:12.59S	F # 2D	Men 14-15 400 IM	NSSAK	9	9	---
4:25.87S	F # 5D	Men 14-15 400 Free	NSSAK	3	16	-2.99
Harrison Cooke (19) M						
4:35.56S	F # 2F	Men 16 & Over 400 IM	NSSAK	6	13	3.09
29.51S	F # 4F	Men 16 & Over 50 Breast	NSSAK	2	17	0.38
Nicholas Cowen (16) M						
4:47.96S	F # 2F	Men 16 & Over 400 IM	NSSAK	7	12	2.93
Blake Faleafa (17) M						
4:33.51S	F # 2F	Men 16 & Over 400 IM	NSSAK	4	15	9.37
4:05.02S	F # 5F	Men 16 & Over 400 Free	NSSAK	3	16	-0.92
Emma Fan (Young) (12) W						
44.46S	F # 3A	Women 12-13 50 Back	NSSAK	13	4	0.91
6:46.13S	F # 5A	Women 12-13 400 Free	NSSAK	24	---	-9.55
Andrew Feng (14) M						
4:51.09S	F # 2D	Men 14-15 400 IM	NSSAK	2	17	-5.14
4:31.30S	F # 5D	Men 14-15 400 Free	NSSAK	8	11	-7.47
Madison Fourie (17) W						
4:46.48S	F # 5E	Women 16 & Over 400 Free	NSSAK	5	14	-14.69
Tori Grout (19) W						
29.11S	F # 1E	Women 16 & Over 50 Free	NSSAK	6	13	1.37
36.20S	F # 4E	Women 16 & Over 50 Breast	NSSAK	4	15	2.95
Blair Helms (21) M						
4:21.12S	F # 2F	Men 16 & Over 400 IM	NSSAK	1	20	5.41
28.55S	F # 4F	Men 16 & Over 50 Breast	NSSAK	1	20	0.47
Brooke Humphries (13) W						
5:41.06S	F # 2A	Women 12-13 400 IM	NSSAK	2	17	-18.88
5:00.06S	F # 5A	Women 12-13 400 Free	NSSAK	3	16	-36.76
Jacob Humphries (14) M						
25.36S	F # 1D	Men 14-15 50 Free	NSSAK	2	17	0.98
5:05.49S	F # 2D	Men 14-15 400 IM	NSSAK	5	14	-10.56
29.76S	F # 3D	Men 14-15 50 Back	NSSAK	3	16	2.71
33.22S	F # 4D	Men 14-15 50 Breast	NSSAK	4	15	1.16
27.12S	F # 6D	Men 14-15 50 Fly	NSSAK	1	20	1.44
Yuri Lee (Young) (12) W						
5:20.68S	F # 5A	Women 12-13 400 Free	NSSAK	9	9	---
Amber Lin (12) W						
5:40.15S	F # 2A	Women 12-13 400 IM	NSSAK	1	20	-7.84
Sonny Liu (13) M						
5:21.06S	F # 2B	Men 12-13 400 IM	NSSAK	2	17	-42.78
4:53.18S	F # 5B	Men 12-13 400 Free	NSSAK	5	14	-7.38

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Rebecca Meder (V) (21) W						
4:36.37S	F # 2E	Women 16 & Over 400 IM	NSSAK	1	20	-0.42
30.97S	F # 4E	Women 16 & Over 50 Breast	NSSAK	1	20	-1.02
Holly Nelson (15) W						
5:13.74S	F # 2C	Women 14-15 400 IM	NSSAK	2	17	0.64
30.87S	F # 6C	Women 14-15 50 Fly	NSSAK	2	17	-0.96
John Quirk (20) M						
25.53S	F # 1F	Men 16 & Over 50 Free	NSSAK	8	11	-0.07
27.51S	F # 3F	Men 16 & Over 50 Back	NSSAK	2	17	0.82
4:25.70S	F # 5F	Men 16 & Over 400 Free	NSSAK	9	9	---
29.13S	F # 6F	Men 16 & Over 50 Fly	NSSAK	8	11	1.56
Amelia-Rose Searle (12) W						
6:03.05S	F # 2A	Women 12-13 400 IM	NSSAK	7	12	---
Asher Smith-Franklin S14/S (17) M						
5:02.36S	F # 2F	Men 16 & Over 400 IM	NSSAK	10	7	---
28.08S	F # 6F	Men 16 & Over 50 Fly	NSSAK	5	14	1.25
Alyssa Somerville (12) W (BL)						
32.74S	F # 1A	Women 12-13 50 Free	NSSAK	9	9	-0.06
38.57S	F # 3A	Women 12-13 50 Back	NSSAK	8	11	-0.55
Ashley Spencer (12) W						
38.31S	F # 1A	Women 12-13 50 Free	NSSAK	17	---	-0.97
48.63S	F # 4A	Women 12-13 50 Breast	NSSAK	10	7	-1.22
6:41.52S	F # 5A	Women 12-13 400 Free	NSSAK	22	---	---
Tannah Strombeck (14) W						
5:46.09S	F # 2C	Women 14-15 400 IM	NSSAK	9	9	---
5:08.09S	F # 5C	Women 14-15 400 Free	NSSAK	12	5	-8.98
Annebel Van Wyk (15) W						
5:26.62S	F # 2C	Women 14-15 400 IM	NSSAK	5	14	-2.69
4:58.32S	F # 5C	Women 14-15 400 Free	NSSAK	8	11	---
Johan-Albert Vorster (12) M						
32.03S	F # 1B	Men 12-13 50 Free	NSSAK	19	---	-0.49
39.48S	F # 3B	Men 12-13 50 Back	NSSAK	19	---	1.31
38.76S	F # 4B	Men 12-13 50 Breast	NSSAK	9	9	-0.66
42.78S	F # 6B	Men 12-13 50 Fly	NSSAK	12	5	3.25
Elvin Wang (12) M (WH)						
5:03.62S	F # 5B	Men 12-13 400 Free	NSSAK	12	5	-4.62
Henry Wang (12) M						
5:49.42S	F # 2B	Men 12-13 400 IM	NSSAK	7	12	9.72
Dominic Wharepouri (17) M						
4:59.01S	F # 2F	Men 16 & Over 400 IM	NSSAK	8	11	1.15
28.77S	F # 3F	Men 16 & Over 50 Back	NSSAK	5	14	0.04
Eliza Williams (14) W						
5:42.17S	F # 2C	Women 14-15 400 IM	NSSAK	7	12	---
4:54.80S	F # 5C	Women 14-15 400 Free	NSSAK	6	13	-1.57

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Henry Williams (20) M						
24.01S	F # 1F	Men 16 & Over 50 Free	NSSAK	3	16	0.59
4:14.83S	F # 5F	Men 16 & Over 400 Free	NSSAK	5	14	0.38
25.93S	F # 6F	Men 16 & Over 50 Fly	NSSAK	2	17	0.59
Judd Winder (12) M (GO)						
37.70S	F # 1B	Men 12-13 50 Free	NSSAK	28	---	-1.23
48.53S	F # 4B	Men 12-13 50 Breast	NSSAK	15	2	-2.13
42.69S	F # 6B	Men 12-13 50 Fly	NSSAK	11	6	-6.36