

NSS LEVEL 3

Sir Owen G. Glenn National Aquatic Centre

17 Antares Place, Mairangi Bay 25m Pool x 10 Lanes

Sunday 18th February, 2024

WARM UP 11:30AM - RACING STARTS 12:00PM

| Event No. | | Event No. | |
|-----------|------------------|-----------|----------------------|
| 1 | 100 Breaststroke | 7 | 200 Freestyle – 10&O |
| 2 | 25 Backstroke | 8 | 100 IM |
| 3 | 50 Breaststroke | 9 | 25 Butterfly |
| 4 | 100 Freestyle | 10 | 50 Backstroke |
| 5 | 25 Breaststroke | 11 | 50 Butterfly |
| 6 | 50 Freestyle | 12 | 100 Backstroke |
| | • | 13 | 25 Freestyle |

MEET CONDITIONS

Entry Fee: \$8 per event **Entries Close:** Monday 12th February, 11:59pm.

Entry Method: Entries are to be done through the SNZ database Fastlane Page along with payment at the time of entering.

Late Entries: Late entries will NOT be accepted.

<u>Officials:</u> Each club must supply 1 official per 4 swimmers to a MAX of 4, unless requested before the meet to provide more.

Spectator Entry: \$2 per person

<u>Program:</u> Electronic – will be sent to all competitors the day before the meet. No paper programs available.

Meet to be swum under SNZ rules - Local rule will apply ◆ Ribbons will be awarded to everyone who does a PB! ◆ All times submitted must be converted to short course times for the length swum ◆ Age as at day of meet ◆ All timed finals, graded scratch, results declared on times ◆ ASA will endeavour to have the correct number of officials for a Level 3 meet ◆ Swimmers with L1 or L2 qualifying times are unable to enter ◆ All participants must agree to comply with the Sports Anti-Doping rules ◆ This is a one start meet ◆ No refund on scratching, unless a medical certificate is sighted no later than 48 hours from the end of the meet ◆ MEET ENTRIES & CONTROLLER - Jack Ward - jack@nss.org.nz ◆ PLEASE NOTE

THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12&U SWIMMERS



