

**Sir Owen G. Glenn National Aquatic Centre**

17 Antares Place, Mairangi Bay

25m Pool x 10 Lanes

**Sunday 13th November, 2022**

**WARM UP 11:30AM - RACING STARTS 12:10PM**

Event No.

- 1** 100 Breaststroke
- 2** 25 Backstroke
- 3** 50 Breaststroke
- 4** 100 Freestyle
- 5** 25 Breaststroke
- 6** 50 Freestyle

Event No.

- 7** 200 Freestyle - 10&O
- 8** 100 IM
- 9** 25 Butterfly
- 10** 50 Backstroke
- 11** 50 Butterfly
- 12** 100 Backstroke
- 13** 25 Freestyle

**CONDITIONS**

**Entry Fee:** \$7 per event

**Entries Close:** Monday 8th November, 5pm.

**Entry Method:** Entries are to be done through the SNZ database Fastlane Page along with payment at the time of entering.

**Late Entries:** \$10 per event, subject to lane availability.

**Officials:** Each club must supply 1 official per 4 swimmers to a MAX of 4, unless requested before the meet to provide more.

**Spectator Entry:** \$4 - Children Free

**Program:** Electronic - will be sent to all competitors the day before the meet

Meet to be swum under SNZ rules - Local rule will apply ♦ **Ribbons will be awarded to everyone who does a PB!** ♦ All time submitted must be converted to short course times for the length swum ♦ Age as at day of meet ♦ All timed finals, graded scratch, results declared on times ♦ ASA will endeavour to have the correct number of officials for a Level 3 meet ♦ Swimmers with L1 or L2 qualifying times are unable to enter ♦ All participants must agree to comply with the Sports Anti-Doping rules ♦ This is a one start meet ♦ No refund on scratching, unless a medical certificate is sighted no later than 48 hours from the end of the meet ♦ MEET ENTRIES & CONTROLLER - Tonya Osborne - [tonya@nss.or.nz](mailto:tonya@nss.or.nz) ♦ **PLEASE NOTE THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12&U SWIMMERS** ♦