

Sir Owen G. Glenn National Aquatic Centre

25m Pool x 10 Lanes

Saturday 29th October, 2022

Arrive: 6:45am Warm Up: 7am Racing Starts: 8am

Event No.

- 1** 25 Freestyle
- 2** 50 Freestyle
- 3** 100 Freestyle
- 4** 25 Backstroke
- 5** 50 Backstroke
- 6** 100 Backstroke
- 7** 25 Breaststroke

Event No.

- 8** 200 Individual Medley
- 9** 50 Breaststroke
- 10** 100 Breaststroke
- 11** 25 Butterfly
- 12** 50 Butterfly
- 13** 100 Butterfly
- 14** 100 Individual Medley

CONDITIONS

Entry Requirements: to be eligible to win NSS Club Championship Awards/Medals, athletes will need to enter all races open to their age group.

9 years & under - eligible to race 4 x 25's only

10-12 years - eligible to race 4 x 50's + 100 IM only

13 years & over - eligible to race 4 x 100's (can include 100 IM) + 200 IM only

Medals will be awarded to overall age group winners, 1st, 2nd and 3rd in their age band (8 years, 9 years, 10 years, 11-12 years, 13-14 years, 15-16 years and 17&O) based on highest Hytek (25's) and FINA points (50m+ events).

Entries Close: Monday 24th October, 5pm.

Entry Cost: \$5 per event

Entry Method: Entries are to be done via the SNZ database Fastlane. Athletes will be removed if number of events is exceeded

Age as at 29th October, 2022 ♦ This meet will be delivered as a Development Meet in conjunction with SNZ Policy 007 ♦ All times will be loaded onto the SNZ Database and can be used to enter any other Club hosted meets and Regional meets ♦ All events are timed finals - mixed slowest to fastest ♦ Stay at home if you are feeling at all unwell on the day