



Development Training Schedule

SQUAD		Mon		Tues		Wed		Thurs		Fri		Sat
		am	pm	am	pm	am	pm	am	pm	am	pm	am
Black	SWIM	5:30-7:30	4-6	5:30-7:30	-	-	6-8	5:30-7:30	-	5:30-7:30	4-6	5:30-7:30
		AUTM	NAC	NAC	-	-	NAC	NAC	-	AUTM	NAC	AUTM
	DRYLAND	-	-	-	-	-	5-6	-	-	-	-	7:45-8:45
Brown	SWIM	5:30-7	4-6	5:30-7:30	-	-	6-8	5:30-7:30	-	5:30-7	4-6	-
		NAC	NAC	AUTM	-	-	NAC	AUTM	-	NAC	NAC	-
	DRYLAND	7:10-7:30	-	5:15-5:30	-	-	5-6	5:15-5:30	-	7:10-7:30	-	-
SwimSport (Surf, Waterpolo + SwimFit)	SWIM	5:30-7	-	5:30-7	-	-	-	5:30-7	-	5:30-7	-	-
		NAC	-	AUTM	-	-	-	AUTM	-	NAC	-	-
	DRYLAND	-	-	-	-	-	-	-	-	-	-	-

