



NSS Development Squad Schedule

Squad	Mon 6th		Tues 7th		Wed 8th		Thurs 9th		Fri 10th		Sat 11th
	am	pm	am	pm	am	pm	am	pm	am	pm	am
Black	6-7:30	-	6-7:30	-	6-7	-	6-7:30	-	6-7:30	-	5:30-8:45*
	AUTM	-	NAC	-	TAKA BEACH	-	NAC	-	AUTM	-	AUTM
Brown	6-7:30	-	6-7:30	-	6-7	-	6-7:30	-	6-7:30	-	5:30-8:45*
	AUTM	-	NAC	-	TAKA BEACH	-	NAC	-	AUTM	-	AUTM

Squad	Mon 13th		Tues 14th		Wed 15th		Thurs 16th		Fri 17th		Sat 18th
	am	pm	am	pm	am	pm	am	pm	am	pm	am
Black	6-7:30	-	6-7:30	-	6-7	-	6-7:30	-	6-7:30	-	5:30-8:45*
	AUTM	-	NAC	-	TAKA BEACH	-	NAC	-	AUTM	-	AUTM
Brown	6-7:30	-	6-7:30	-	6-7	-	6-7:30	-	6-7:30	-	5:30-8:45*
	AUTM	-	NAC	-	TAKA BEACH	-	NAC	-	AUTM	-	AUTM

Squad	Mon 20th		Tues 21st		Wed 22nd		Thurs 23rd	
	am	pm	am	pm	am	pm	am	pm
Black	6-7:30	-	6-7:30	4-5	-	4-5	6-7:30	-
	NAC	-	NAC	NAC	-	TAKA BEACH	NAC	-
Brown	6-7:30	-	6-7:30	4-5	-	4-5	6-7:30	-
	NAC	-	NAC	NAC	-	TAKA BEACH	NAC	-

*Sessions will include 1.5 hour swim, followed by 1 hr AD session

